

CHALLENGE

John Carlos #2

30
avril
2023

Classement Final	
Steffy Kins	0:52:03
Lannoye Aurelie	1:04:47
Zoe delberghe mineur F	1:08:47

Classement Final	
Jeroen Hillewaere	0:42:09
Marchand Michael	0:44:16
Delberghe Aurelien	0:47:04
Ducouroy nicolas	0:48:06''
Regnier Xavier	1:02'35''
Rodriguez Alexandre	1:06:00

Technique	
Steffy Kins	0:14:35 atelier 15
Zoe delberghe mineur F	0:20:01 atelier 14
Lannoye Aurelie	0:11:55 atelier 13

Technique	
Smoch Theo	0:07:04 Atelier 15
Jeroen Hillewaere	0:10:37 Atelier 15
Ducouroy nicolas	0:10:45 Atelier 15
Regnier Xavier	0:23:53 Atelier 15
Marchand Michael	0:10:04 Atelier 14
Delberghe Aurelien	0:10:09 Atelier 14
Rodriguez Alexandre	0:22:18 atelier 14

Wod Crossfit Validé	
Smaga Estelle	0:07:42
Stacy Callewaert	0:08:08
Steffy Kins	0:08:16
Bellengier marie	0:08:21
Tielie Lou Mineur F	0:08:23
Zoe delberghe mineur F	0:08:47
Van Der Donkt Clea mineur F	0:09:00
Laurie Baude	0:09:07
Verheyde Stephanie	0:09:26
Lannoye Aurelie	0:09:34
Duchateau emeline	0:09:50

Wod Crossfit Validé	
Julien Allaert	0:07:12
Albert Remi	0:07:32
Bocktaels Ophelio	0:08:00
Rodriguez Alexandre	0:08:04
Senaici Yanis	0:08:11
Delberghe Aurelien	0:08:34
Thomas Bui	0:08:37
Marchand Michael	0:08:50
Verghote Maick	0:08:53
Pierre Lebras	0:09:03
Jeroen Hillewaere	0:09:16
Lecoche Michael	0:09:21
Bono Luigi	0:09:22
Vanderligne Alexis	0:09:22
Tristan Dupont	0:09:23
Carpentier Paul	0:09:36
Devillier Gerard	0:09:36
Vattier Mickael	0:09:52
Benoit Mallet	0:09:55
Arlon logan	0:09:59
Ducouroy nicolas	0:10:00
Regnier Xavier	0:10:00



Strong Man	
Jeroen Hillewaere	0:06:20
Marchand Michael	0:06:35
Senaici Yanis	0:06:41
Aurelien Delberghe	0:07:17
Julien Allaert	0:07:21
Albert Remi	0:07:43
Bocktaels Ophelio	0:07:45
Benoit Mallet	0:07:45
Ducouroy nicolas	0:07:45
Devillier Gerard	0:08:03
Jerome Rey	0:08:03
Smoch Theo	0:08:30
Pierre Lebras	0:08:35
Escorne Pierre mineur H	0:08:55
Rodriguez Alexandre	0:08:56
Alluin Olivier	0:08:59
Jimmy Decraene	0:09:04
Carpentier Paul	0:09:09
Pierre Adrien	0:09:10
Verghote Maick	0:09:12
Pugliari Yves	0:09:14
Thomas Bui	0:09:16
Regnier Xavier	0:09:22
Vattier Mickael	0:09:24
Morillon Thomas	0:09:30
Bono Luigi	0:09:56
Vanderlignie Alexis	0:09:57
Tristan Dupont	0:10:01
Quaegebeur Axel mineur H	0:10:05
Hamdi Anthony	0:10:12
Dariaux Florian	0:10:26
Degandt Bryan	0:10:30
Lecoche Michael	0:10:40
Duvernois Christopher	0:10:43
Tallez Alexis	0:10:44
Brylka Viktor	0:11:36
Samuel Dumey	0:12:04
Simon Yannick	0:12:32
Djemai Erwan	0:12:57
Quaegebeur Gregory	0:13:01
Mathieu Elslander	0:15:10
Porto Christophe	0:18:50

Strong Man	
Steffy Kins	0:07:38
Lannoye Aurelie	0:08:52
Bellengier marie	0:08:57
Nitch Virginie	0:09:09
Verheyde Stephanie	0:09:30
Zoe delberghe mineur F	0:10:33
Laurie Baude	0:10:50
Stacy Callewaert	0:10:55
Smaga Estelle	0:10:59
Wilcock Catherine	0:11:17
Alexia Nequelman	0:12:05
Tielie Lou mineur F	0:12:56
Degandt Thais	0:13:04
Van Der Donkt Clea Mineur F	0:13:30
Demeyere Noemie	0:14:07
Duchateau emeline	0:14:08



Run Obstacles Validé	
Jeroen Hillewaere	0:16:36
Regnier Xavier	0:17:40
Samuel Dumey	0:17:42
Marchand Michael	0:18:06
Julien Allaert	0:19:00
Ducouroy nicolas	0:19:31
Pugliari Yves	0:20:05
Delberghe Aurelien	0:20:28
Smoch Theo	0:21:29
Jerome Rey	0:22:33
Pierre Adrien	0:22:06
Morillon Thomas	0:22:49
Jimmy Decraene	0:22:50
Bocktaels Ophelio	0:22:57
Devillier Gerard	0:23:04
Benoit Mallet	0:23:07
Verghote Maick	0:23:26
Vattier Mickael	0:24:59
Tallez Alexis	0:25:00
Dariaux Florian	0:25:00
Quaegebeur Axel mineur H	0:25:06
Arlon logan	0:26:18
Pierre Lebras	0:26:22
Escorne Pierre mineur H	0:26:27
Hamdi Anthony	0:26:37
Rodriguez Alexandre	0:26:42
Osbaldo Dekeyser	0:27:02
Vanderligne Alexis	0:27:06
Albert Remi	0:28:07
Quentin Dardenne	0:28:07
Tristan Dupont	0:28:09
Thomas Bui	0:29:30
Lecoche Michael	0:30:23
Carpentier Paul	0:31:21
Bono Luigi	0:31:32
Degandt Bryan	0:31:57
Simon Yannick	0:33:50
Brylka Viktor	0:34:23
Duvernois Christopher	0:39:41
Mathieu Elslander	0:42:00
Porto Christophe	1:00:59

Run Obstacles Validé	
Steffy Kins	0:21:34
Lannoye Aurelie	0:26:20
Nitch Virginie	0:27:07
Verheyde Stephanie	0:27:39
Tielie Lou mineur F	0:28:20
Zoe delberghe mineur F	0:29:26
Laurie Baude	0:29:54
Wilcock Catherine	0:33:02
Stacy Callewaert	0:34:12
Duchateau emeline	0:35:29
Van Der Donkt Clea Mineur F	0:36:40
Demeyere Noemie	0:37:26